STUDYING SMART

Study Tips For College Students

How To Strategize

How To Focus Better

How To Lift Your Spirit

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- · Avoid studying in bed
- Keep a planner and schedule your tasks
- Have a designated study space ready

- · Minimize distractions
- Put electronic devices out of sight
- · Sit in the right position
- Turn off your phone

- Play music that can increase the spirit of learning
- Use adequate lighting
- Have a snack







Harris-Stowe State University Academic Resource Center HGA 013

